#### CULPEPPERS PRESENTS



#### 4\* CONSTANTINOU BROS ATHENA BEACH, PAPHOS (CYPRUS) 6<sup>TH</sup> - 13<sup>TH</sup> OCTOBER 2025

• A WEEK IN THE SUN. PERFECT FOR ALL LEVELS •



### **Spend the week** in beautiful **Cyprus!**

Soak up the sun in the beautiful destinations of Paphos, Cyprus. Explore the historic coastal city with its ancient architecture & picturesque Mediterranean Sea. Take some much needed R&R at the private beach or spend the afternoon exploring the Old Town.

There will be morning workshops featuring brand new dances, recaps & even a classic or two. The workshops will be split into levels making it suitable for everyone, even if you're new to dancing. Enjoy your day whatever you choose to do & join us every evening for social dancing, where we'll be your DJ playing all the popular dances as well as classics & so much more.

### **Content.**

Intro What's Included Itinerary Flights & Travel The Hotel Rooms Prices About Paphos

Things To Do & See

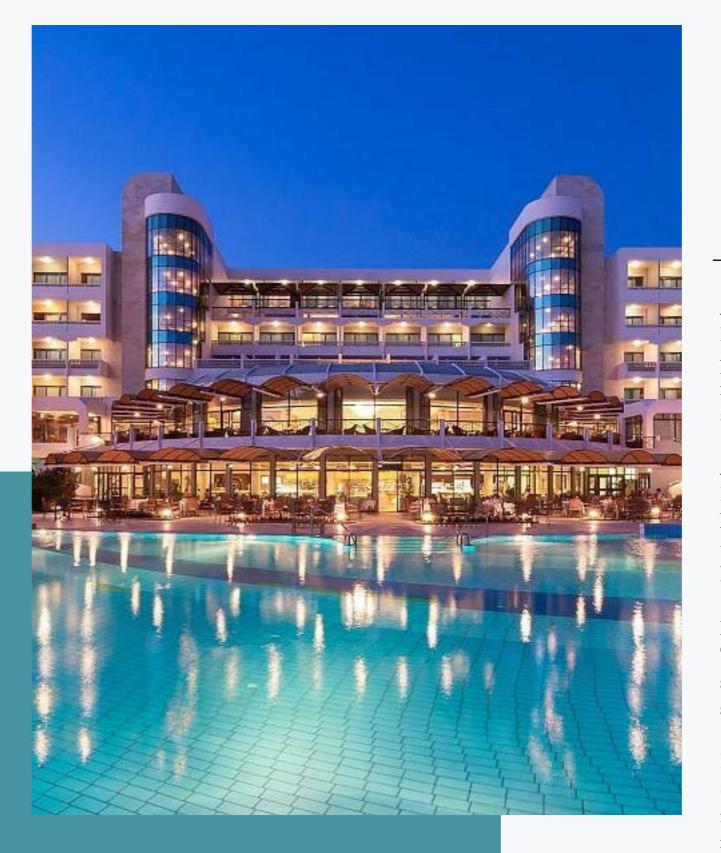
### Lets soak up the sun & dance.

### 01 04 05 06 07 11 15 17 19



Relax.

Flights are not included. We've put together a list of airlines that fly direct to Paphos International A i r p o r t (approx. 20mins from hotel).



#### 04

### What's Included

READ WHAT'S INCLUDED IN THE PRICE ...

#### Accommodation

Relax in the 4<sup>\*</sup> hotel with its picturesque views & wooden dance floor. Various hotel packages available.

#### Access to Amenities

Enjoy all the amenities the hotel has to offer from a gym, spa & treatments, swimming pools, private beach & more.

#### Daytime Workshops

Take a morning workshop! Learn some brand new dances or recap some recent from class. All levels.

#### Evening Entertainment

Spend most evenings dancing to the most popular to the classics! Suitable for all levels. Requests welcome.

# Preliminary Itinerary

SEE WHAT WE'LL BE GETTING UP TO ...

| Monday Check In: 14:00 Welcome Reception: 21:00 - 23:00

| Tuesday Breakfast: 07:30 - 10:30 Workshop: 10:00 - 12n00n Lunch: 12:30 - 14:30<sup>\*</sup> Dinner: 18:30 - 22:00 Social: 20:30 - 12midnight

| Wednesday Breakfast: 07:30 - 10:30 Free Day Lunch: 12:30 - 14:30<sup>\*</sup> Dinner: 18:30 - 22:00 Social: 20:30 - 12midnight

| Thursday Breakfast: 07:30 - 10:30 Workshop: 10:00 - 12n00n Lunch: 12:30 - 14:30\* Dinner: 18:30 - 22:00 Social: 20:30 - 12midnight | Friday Breakfast: 07:30 - 10:30 Free Day Lunch: 12:30 - 14:30\* Dinner: 18:30 - 22:00 Social: 20:30 - 12midnight

| Saturday Breakfast: 07:30 - 10:30 Workshop: 10:00 - 12n00n Lunch: 12:30 - 14:30\* Dinner: 18:30 - 22:00 Social: 20:30 - 12midnight

| Sunday Breakfast: 07:30 - 10:30 Free Day Lunch: 12:30 - 14:30\* Dinner: 18:30 - 22:00 Social: 20:30 - 12midnight

| Monday Check out: 12noon Travel home

\*only with Ultra All Inclusive & Full Board. Dinning times may change depending on restaurant. note: Schedule is subject to change. Full schedule will be announced closer to the date.

### Flights

Flights are not included. Here are airlines that fly direct to Paphos International Airport (approx. 20mins from hotel).

#### EasyJet

Gatwick • 3 flights 10:25 - 17:00 13:55 - 20:30 15:50 - 22:25 23:15 - 02:05

Luton • 1 flight 07:10 - 13:50

14:30 - 17:25

Ryanair Stansted • 1 flight 18:25 - 00:50

15:10 - 18:00

British Airways Gatwick • 1 flight 12:45 - 19:35

20:15 - 23:15

**Jet2** Stansted • 1 flight 12:00 - 18:40

19:40 - 22:30

\*above information is as of October 2024. flight times & pricing may change.

If you need help booking flights, please let us know as we are here to help.

#### AIRPORT TRANSFERS

Airport transfers are not included in the price however can be arranged prior to make travel to the hotel stress free. Once you've booked your flight please let us know the details so we can arrange transportation.

If there is a group of you wanting to travel together, please let us know or we will try to fill a coach full.

#### OTHER ACTIVITIES

If there is any on & off-site excursions or trips i.e. Golf, Snorkelling, Bowls, Cycling equipment etc. you are wishing to do/use, please let us know & we will try to help anyway we can.

### **The Hotel** 4\* Athena Beach Hotel

Constantinou Bros Athena Beach Hotel is a four star, waterfront hotel in Kato Paphos. Places of archaeological interest, restaurants, bars and shops are located at a convenient short distance.

The leisure facilities of this hotel comprise various freshwater swimming pools, indoor and outdoor Jacuzzis, a floodlit tennis court and green bowls court. Enjoy some fine dining at the hotel's varied theme nights and even a romantic candlelit dinner!

In the hotel spa there is a heated pool, saunas, steam bath, well equipped fitness room, and a hairdressing salon. A good choice of professional massages as well as body treatments are available.

a view ance with

Hotel Amenities 24hr Front Desk Free WiFi Outdoor Pool Spa Bar & Restaurant Non-smoking Gym Private Beach

Hotel Address Poseidonos Ave 5, Geroskipou 8101 Cyprus



### "Live in the sunshine. Swim in the sea. Drink in the wild air"

























#### HOTEL ROOMS

### **Classic Room**

Take a look around the rooms available, included a list of amenities as well as photos of each type.



#### Land View • Sleeps: 2

#### Amenities;

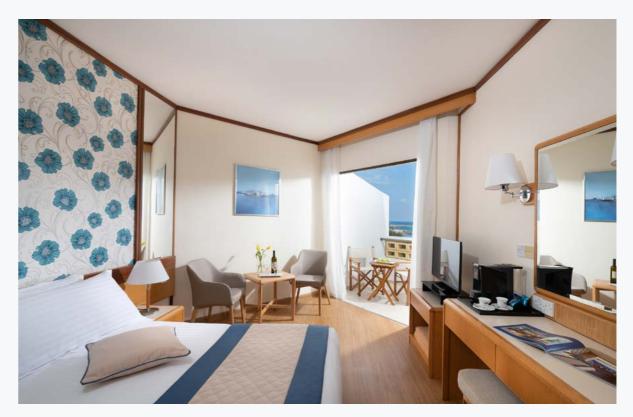
En-Suite Toiletries Towels Tea & Coffee Maker 32" TV Telephone

Safe Heating/Air-Con Pillows & Linen Hairdryer Iron & Board USB Sockets

Robe & Slippers Balcony

### **Classic Room**

Take a look around the rooms available, included a list of amenities as well as photos of each type.



#### Limited Sea View • Sleeps: 2

#### Amenities;

En-Suite Toiletries Towels Tea & Coffee Maker 32" TV Telephone

Safe Heating/Air-Con Pillows & Linen Hairdryer Iron & Board **USB** Sockets



Robe & Slippers Balcony

### **Classic Room**

Take a look around the rooms available, included a list of amenities as well as photos of each type.



#### Sea View • Sleeps: 2

#### Amenities;

En-Suite Toiletries Towels Tea & Coffee Maker 32" TV Telephone

Safe Heating/Air-Con Pillows & Linen Hairdryer Iron & Board **USB** Sockets

Robe & Slippers Balcony

# **Superior Room**

Take a look around the rooms available, included a list of amenities as well as photos of each type.



### Sea View • Sleeps: 2

#### Amenitites;

En-Suite Toiletries Towels Tea & Coffee Maker 32" TV Telephone

Safe Heating/Air-Con Pillows & Linen Hairdryer Iron & Board **USB** Sockets

Robe & Slippers Balcony

#### Half Board;

Buffet Breakfast, Dinner

Two Sharing (Double or Twin) Classic - Land View

| Classic - Limited Sea View | £  |
|----------------------------|----|
| Classic - Sea View         | f  |
| Superior - Sea View        | £1 |

#### Single

| e                          |
|----------------------------|
| Classic - Land View        |
| Classic - Limited Sea View |
| Classic - Sea View         |
| Superior - Sea View        |

#### Full Board;

Buffet Breakfast, Lunch, Dinner

Two Sharing (Double or Twin) Land View Limited Sea View Sea View Superior Sea View

#### Single

| Classic - Land View  |         |
|----------------------|---------|
| Classic - Limited Se | ea View |
| Classic - Sea View   |         |
| Superior - Sea View  |         |

#### £825.00pp £865.00pp £935.00pp £1,055.00pp

| £1,025.00 |
|-----------|
| £1,065.00 |
| £1,135.00 |
| £1,255.00 |

£925.00pp

£965.00pp

£1,045.00pp

£1,165.00pp

£1,135.00

£1,165.00

£1,245.00

£1,355.00

#### **Two Sharing (Double or Twin)** Classic - Land View Classic - Limited Sea V

Classic - Limited Sea View Classic - Sea View Superior - Sea View

**Ultra All Inclusive;** 

#### Single Classic - Land View Classic - Limited Sea View Classic - Sea View Superior - Sea View

#### **Deposit\*** \*non-refundable/non-transferable.

**Important dates** Deposit due - 19/12/2024

#### **Payment Options**

- Credit/Debit Card
- Cash
- Contactless

Payment plans are available, please contact us for more informations.

Buffet Breakfast, Lunch, Dinner, snacks, ice-creams, water, alcoholic drinks and soft drinks, hot and cold beverages.

£1,055.00pp £1,095.00pp £1,164.00pp £1,285.00pp

> £1,255.00 £1,295.00 £1,375.00 £1,455.00

£150.00pp

Final payment - 30/06/2024

#### THE HOME OF APHRODITE

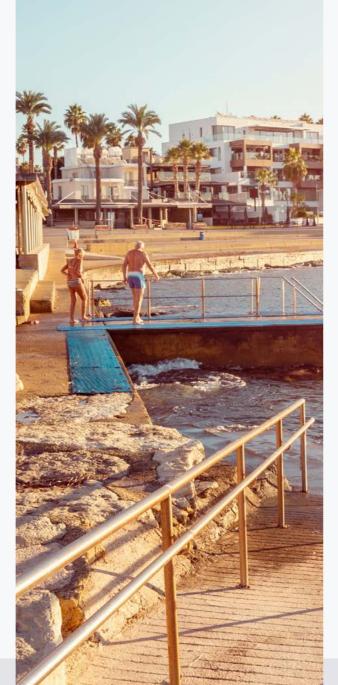
# Paphos

#### Mediterranean Hot Spot

Paphos is a southwest coastal city in Cyprus and is the capital of Paphos District. It's the fourthlargest city in the country after Nicosia, Limassol and Larnaca with a population of just over 35,960 in 2018.

The town's name is linked to the myth following the goddess Aphrodite. Paphos was the son of Pygmalion, who was devoted to the cult. Take a stroll down to the harbour to see the statue of Aphrodite, to see where the Greeks agreed the site to which she rose from the sea.

In 1980 Paphos was included in the UNESCO World Heritage



List, for its ancient religious importance as well as its ancient architecture & mosaics. It was also selected in 2017 as European Capital of Culture alongside Aarhus.

Today, Paphos is a tourist haven with many visiting the Kato area. Its clear blue water & sandy beaches make for a relaxing getaway. The history is unmatched if you love to over indulge, or explore local restaurants for the most euthenics Mediterranean dishes.



Average Temp 26°c / 16°c

Currency Euro / €

Time Zone +3 GMT

Flight Time approx. 4hr 35m

### Things To Do & See

Paphos has so much to offer. See the best things to do below;

#### Paphos Castle

QC34+FQ4, Kato Paphos Harbour, Coastal Broadwalk, Paphos, Cyprus Admission: €2.50

Standing grandly at the west end of the town's harbour, Pafos (Paphos) Castle (Medieval Fort) was originally a Byzantine fort built to protect the harbour, and was rebuilt by the Lusignans in the 13th century, but then dismantled by the Venetians. The Ottomans rebuilt it in the 16th century when they conquered the island. What survives today is the 1592 Ottoman restoration of the western Frankish tower with its Venetian additions. An inscription above the only entrance of the castle bears witness to this restoration.

#### Tombs of the Kings

Tombs of the Kings Ave 63, Chloraka 8015, Cyprus Admission: €2.50

The famous 'Tombs of the Kings' form

part of the Archaeological Park of Kato Pafos (Paphos) - one of the most important archaeological sites of Cyprus that has been included in the UNESCO World Heritage Sites list since 1980.

#### Kato Archaeological Park

QC45+F8X, Paphos 8040, Cyprus Admission: €4.50

The Archaeological Park of Kato Pafos (Paphos) is one of the most important archaeological sites of Cyprus and has been included in the UNESCO World Heritage Sites list since 1980.

Paphos Municipal Beach

QC94+866, Paphos 8045, Cyprus

A beautiful beach with safe bathing and plenty of lifeguards to ensure your safety.

While some areas may be harder to swim in, the section in front of the hotels is a secure and comfortable spot to enjoy the crystal-clear waters. Sun beds & umbrellas available to rent.

#### Kings Avenue Mall

Corner St. Paul &, Tombs of the Kings Ave 2, Paphos 8046, Cyprus

Stores include; Berska, Calvin Klein, Calzedonia, Guess, Flying Tiger, Ingot, Holland & Barrett, Jack & Jones, Lacoste, Levi's, Mango, Marks & Spencers, MAC & more. Places to eat & drink; Cafe Nero, Burger King, Costa Coffee, Cinnabon, KFC, Pizza Hit & more.

#### Paphos Harbour & Promenade

QC45+7HF, Paphos 8040, Cyprus

Take a stroll along Paphos promenade with is stunning views of the Mediterranean sea.

#### Baths of Aphrodite

384V+GGX, E713, Neo Chorio 8852, Cyprus approx. 1hr drive

The natural grotto of the Baths of Aphrodite, and its botanical garden, can be found past the fishing harbour of Latsi, and towards the tip of the Akamas Peninsula. Shaded by an old fig tree, amidst lush greenery, legend tells that the Ancient Greek Goddess Aphrodite used to bathe

in the waters. According to Greek mythology, Aphrodite met her lover Adonis at this beautiful spot when he stopped for a drink whilst hunting, and fell in love with her the moment when he drank the water.

#### Rock of Aphrodite at Aphrodite's Beach

MJ8H+74P, Pedestrian Underpass, Kouklia, Cyprus

It is located off the shore along the main road from Paphos to Limassol. The combination of the beauty of the area and its status in mythology as the birthplace of Aphrodite makes it a popular tourist location.

#### Paphos Castle

QC34+FQ4, Kato Paphos Harbour, Coastal Broadwalk, Paphos, Cyprus Admission: €2.50

Standing grandly at the west end of the town's harbour, Pafos (Paphos) Castle (Medieval Fort) was originally a Byzantine fort built to protect the harbour, and was rebuilt by the Lusignans in the 13th century, but then dismantled by the Venetians. The Ottomans rebuilt it in the 16th century when they conquered the island. What survives today is the 1592 Ottoman restoration of the western Frankish tower with its Venetian additions. An inscription above the only entrance of the castle bears witness to this restoration.

#### Adonis Baths Waterfalls VCCP+C7, Koili 8543, Cyprus Admission: €15

Adonis Baths is located in Kili Village in Paphos, is one of the most calming, unique and visited areas in Cyprus. Tradition says that Adonis the God of Beauty tended his horses in this place and hunted in the Akamas forest.



According to Greek mythology Adonis and Aphrodite had many children here, the citizen of Paphos are supposed to be descendant of these two lovers. However, Artemis the Goddess of Hunting was jealous of the love between Adonis and Aphrodite and tried to find a way of killing Adonis. She threw a golden almond into the baths to try to attract his attention. Poseidon the God of Sea saw what was about to happen so covered the golden almond with a torrent to prevent Adonis from drowning. Artemis had another plan, she asked Mars the God of War to push the mountain onto Adonis at the baths.

#### Blue Lagoon

38M4+93, Neo Chorio, Cyprus approx. 1hr 30m drive

Nestled 50 kilometers from Paphos, the Blue Lagoon awaits its enchanting beauty. This stunning bay boasts soft white sands and crystal-clear turquoise waters, making it a must-visit destination for any traveler in Cyprus. Dive into the warm, crystalline waters and swim with the fish like a pro.

| Snorkeling around the reef offers |  |
|-----------------------------------|--|
| unbeatable views of sea life.     |  |

#### Agios Neophytos Monastery Admission: €2.00

Located about 9km north of Pafos (Paphos), the monastery of Agios Neophytos was founded by the Cypriot recluse and writer Neophytos in the second half of the 12th century, in what used to be a secluded location at the head of the picturesque valley. The hermit carved a cave out of the mountains called the 'Enkleistra', which is covered with some of the finest examples of Byzantine frescoes that date back from the 12th to the 15th centuries. The monastery has a noteworthy ecclesiastical museum and its later church also contains some of the finest Post-Byzantine icons dating to the 16th century.

#### Paphos Town Market

Ayoras 23-shop no 2, Paphos 8010, Cyprus -Nestled in the heart of the Old City area, the Paphos Old Town Market transcends mere shopping; it's a lively bazaar that encapsulates the very essence of Cypriot life. Picture a labyrinth of stalls, each a treasure trove of local crafts, fashion, and flavors, inviting you to dive into the authentic local culture. This isn't your run-of-the-mill shopping experience; it's a dive into the heart of Paphos itself.

Early Christian Basilica, St Paul's Pillar & more QC57+7CW, Stasandrou, Paphos 8041, Cyprus FREE

Located in Kato Paphos, the Panagia Chrysopolitissa Church was built in the 13th century over the ruins of the largest Early Byzantine basilica on the island. Within the compound is St. Paul's Pillar, where according to tradition, Saint Paul was flogged before the Roman governor Sergius Paulus was converted to Christianity. The church was originally sevenaisled, but was later reduced to five aisles. The floor of the basilica was covered with colourful mosaics, some of which are still preserved. 22

Nearby Golf Courses

Check out the local golf club from casual fun to elite courses;

#### Eléa Golf Club

Eleon Avenue 1, Yeroskipou 8310, Cyprus

Price: 18 Holes €135 - €159. 9 Holes €95

• Full Club Rental €30.00

challenging Par 71 course, The designed by the legendary Sir Nick Faldo, incorporates numerous natural features and boasts stunning views of the Mediterranean. We believe Eléa Golf Club will place Cyprus firmly on the map as a leading golf destination, and the combination of great golf and meticulous attention to detail will ensure it quickly becomes a destination of choice for golfers across the globe and take Cyprus golf to new levels. More information here.

#### Secret Valley Gold Resort

Ha Potami – Kouklia, P.O. Box 60269, 8101 Pafos, Cyprus Price: 18 Holes €120. 9 Holes €62 • Full Club Rental €30.00

Its stunning setting, course condition

and sheer playability have made it a firm favourite with golfers from across the globe and consistently appears as the preferred course amongst the island's golf players in terms of friendly atmosphere, playability and enjoyment.

Secret Valley Golf Resort provides members, guests and residents with a world-class golf course with service levels, clubhouse and dining facilities to match. More information here.

Mario's Golf Club

Chlorakas 158 Chloraka Paphos CY, 8020, Cyprus Price: 9 Hole - €15 • Club Rental €5

Experience fun for everyone at Mario's Golf Park, where we offer a range of exciting activities suitable for all ages and skill levels. Whether you're a seasoned golfer or just starting, we have something for you! At Mario's Golf Park, everyone is welcome in our friendly family

CASUAL Our environment. DRESS CODE and affordable pricing make it easy for everyone to join in the fun. More information here.

#### Aphrodite Hills

Aphrodite Ave 3, Kouklia 8509, Cyprus Price: Twilight 18 Holes €107 • 9 Holes €90 • Club rental for a week only.

The award-winning golf course was designed by the acclaimed Cabell Robinson. architect. Robinson has designed Aphrodite Hills to be the perfect mix of challenging bunkers, manicured fairways of lush Bermuda grass and generous tiered greens. Additional amenities at Aphrodite Hills Golf include an extensive practice facility area with two large putting greens and short game area. More information here.

#### Minthis Golf Club

Tsada 8540, Cyprus Price: Twilight 18 Holes €75 • 9 Holes €70 • Club Rental €35

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here.

A beautiful and demanding golf course that winds its way past a 12thcentury monastery with breathtaking views of the Troodos Mountains and beyond, golf at Minthis is a unique and characterful experience. Designed by legendary golf architectDonald Steel in 1994 and renovated by renowned course designers Mackenzie & Ebert, the course is a flawless example of their philosophy that golf courses should fit into the terrain, be in keeping with their setting and focus on the details. More information



#### Other Activities

Want to do something a bit different. We've put together a selection of other activities to do;

Seaside & Off Road Buggy/Quad Safari

Meeting Point: TT Motorcycle Rentals & Tours Shop 1, Poseidonos Avenue, 8200 Paphos, Cyprus Duration: 1hr 30min Price: from €90

Join this adventure and drive an ATV or buggy through rural off road paths and along coastal areas from Paphos to Mandria village. Local expert guide and free time at the local beach. Book here.

#### Aphrodite Rock Buggy/Quad Tour

Meeting Point: TT Motorcycle Rentals & Tours Shop 1, Poseidonos Avenue, 8200 Paphos, Cyprus Duration: 2hrs Price: from €105

Have fun by joining this unique buggy tour to Aphrodite's Rock known as the birthplace of the Cyprian goddess. In this tour you will visit one of Paphos's most popularspots by driving a buggy through off the beaten tracks and

seaside areas. Book here.

#### Village & Mountain Buggy/ Quad Tour Meeting Point: TT Motorcycle Rentals & Tours Shop 1, Poseidonos Avenue, 8200 Paphos, Cyprus Duration: 3hrs Price: from €120

Great adventure which includes driving a UTV 4×4/buggy through off road tracks, along the coast and mountainous landscapes all in one tour!. Book here.

#### Akamas Jeep Safari Tour

Meeting Point: Hotel pickup or meeting point. Duration: 4hrs Price: £49.53

This trip is perfect for nature lovers of all persuasions, especially for birdwatchers, botanical enthusiasts or those just seeking a thrill. Our itinerary takes in all the "mustsee" sites and landscapes of this spectacular environmental

wonderland. Book here.

#### Scuba Diving Location: Poseidonos Ave 1, Kato 8042, Cyprus Duration: 3hr 30min Price: from £76.85

Take your underwater in the crystal-clear waters of the Mediterranean Sea on this scuba diving tour. Dive into fun and learn the basics of diving with a team of PADI Professionals on a 3 part experience of briefing, diving skills and an open water dive. Book <u>here</u>.

#### Troodos Mountain Food & Wine Tasting Tour with Lunch Pickup from accommodation Duration: 8hrs 30min Price: from £107.59

A guide will pick you up from a location of your choice and you'll be driven around carefully selected villages to visit locals making traditional products and taste Cypriot delicacies. One of these stops will be an award-winning winery where you'll try a selection of wines and discover a variety of

indigenous grape varieties. Book <u>here</u>.

#### Turtle Watching Snorkelling Sea Scooter Tour Duration: 4hrs Price: £51.20 - prices may vary.

Discover turtles in their natural habitat on a guided excursion in Paphos. Drive to a striking snorkelling spot and grab your sea scooter to dive among the turtles and fish. Includes Sea Caves and Shipwreck view. Book tickets here.

#### Paphos Aphrodite Waterpark

Location: 4104 Hillsboro Pike, Nashville, TN 37215 Price: €31.50 (one day pass)

NON-STOP WATER. NON-STOP FUN. Our Waterpark is the BIGGEST WATERPARK in the Paphos region, a one-of-a-kind naturally landscaped aqua adventure centre. Book tickets here.

#### Trip to Limassol with Kourion & Kolossi Castle Pickup from hotel. Duration: 7hrs Price: from €42.70

Guided tour of Limassol with hotel transfers from Paphos. Visit archaeological remains of Kourion. See regional highlights like Aphrodite's Rock and Kolossi Castle and free time to explore Old Town. Book <u>here</u>.

#### Private Segway Tour

Location: Artemidos 21, Street 8042, Cyprus Duration: up to 2hrs Price: from €67.46

Our guides will escort you through the back streets. alleys and coastal paths of Kato Paphos to pass by the sites of the Paphos Medieval Fort, The Ancient Theatre, The Ottoman Baths, St Paul's Pillar. Book <u>here</u>.

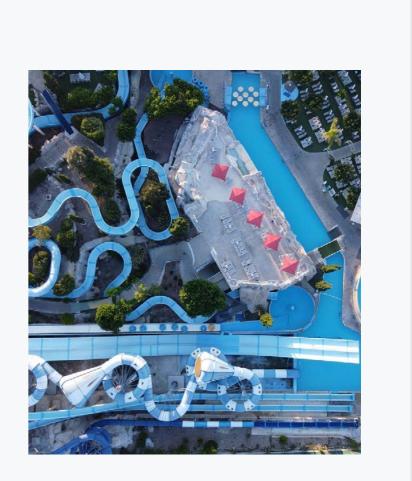
Akamas Peninsula & Blue Lagoon Bus and Boat Tour Pickup: the hotel. Duration: 8hrs Price: from £34.16

tart your day with a pickup from selected locations in Paphos. Travel in a climate-controlled vehicle to 2 coastal sightseeing stops, enjoying views of the Edro III Shipwreck and the natural sea caves. Bring a bathing suit for the scenic boat trip to the Blue Lagoon, cruising past the protected coastline of Akamas National Park aboard a boat with seating in both the sun and shade. Take advantage of an included snorkel stop to cool off and explore marine wildlife. Enjoy fresh fruit on board after swimming, then make additional stops at Polis Crysochous (Golden Bay) village and purchase lunch at one of the village tavernas if you wish. Enjoy a final stop at the UNESCO World Heritage Baths of Aphrodite. Book here.

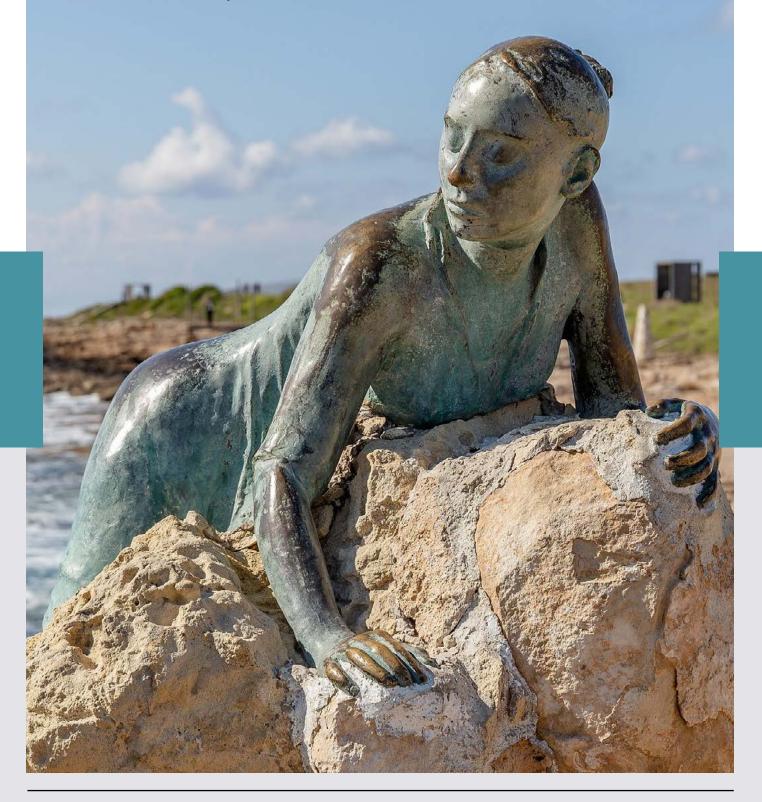
Yellow Sub Swim Cruise with Turtle Watching & Drinks Yellow Semi Submarine, Paphos Sea Lines, in Paphos Harbour Duration: 3hrs Price: from £42.70

Embark on a semi-submarine swimming cruise where you have the chance to explore the beauty this island has to offer above and below sea level. After departure from Paphos Harbour, the first stop will be for 10 minutes at the Vera K 1950 Shipwreck, where you can witness it from the underwater cabin. Weather permitting our next stop is a quick swim for 20 minutes at the Pirates cove next to Aphorae cave. Head next to the beautiful Atlantis Beach. Enjoy 40 minutes for swimming and snorkeling, and see the fish feeding frenzy from the underwater cabin. Help yourself to the open bar onboard. Enjoy ice cold beers and water to cool off during the trip. Book <u>here</u>.









18+

Book your place today, please visit us to secure your space. For more information please see Courtney or email at <u>culpepperclub@gmail.com</u>

Read full terms & conditions here.